13th Annual Virginia Statewide Neighborhood Conference



Workshops - Thursday, September 20 - Session I (4:00 p.m. - 5:30 p.m.)

- **SI-1** The Neighbors Building Neighborhood Approach to Community Development: Participants will learn how putting the Neighbors Building Neighborhoods philosophy into action with residents and civic leagues through real examples of successes and challenges.
- **SI-2 Meetings That Work-Effective Practices:** Participants will explore the best practices for managing neighborhood group meetings. Whether you are a member or an elected leader, each has an active role in creating the right environment for productive meetings.
- **SI-3** Understanding Home Preservation Options: Wells Fargo will provide participants with information on the most effective ways to work with mortgage companies that will allow them to remain in their homes through mortgage modification programs.
- **SI-4 Strengthening Neighborhoods with Community Gardens:** Participants will learn how community gardens are feeding, connecting and shaping neighborhoods and communities.

Workshops - Friday, September 21 - Session II (9:45 a.m. - 12:00 p.m.)

- **SII-1** (Mobile) Redeveloping Successful Public Housing Sunrise-Timberlake-Paton: This workshop will visit a mixed income community that was once a trailer park but where no residents were displaced and another under construction being developed for the aging which is also the first mixed income development in the city.
- **SII-2** (Mobile) A Model for County Development: This workshop will include a tour of sites being developed under the Albemarle County neighborhood model planning concept include a visit to Crozet and the new development of Old Trail.
- SII-3 (Mobile) Enhancing Neighborhoods Through Historic/Conservation Districts: This workshop will examine a new concept that has reduced the burden for those living in Charlottesville's Conservation and Historic Districts as the city developed a new concept of conservation districts, aka Historic Districts Light. This workshop will examine that concept tour both types of neighborhoods.
- SII-4 (Mobile) Building Youth Character Through Youth Centers & Community Gardens: Community gardens are being used to teach young people the values of gardening and self-sufficiency. Designed especially for youth, this workshop will also visit several fun sites devoted to young people including the Computer4Kids program, the Music Resource Center, and the brand new Boys and Girls club.
- SII-5 (On-Site) "Intelligent Rewiring": Enhancing One's Quality of Life by Reducing Depression and Stress: Intelligent Rewiring is the ability to rewire, re-pattern and/or remap the brain for the purpose of establishing new patterns of behavior to reduce mental and physical stress from day-to-day neighborhood challenges. During this onsite workshop, participants will learn the early signs of depression and the alternative to prescription drugs for combating depression's negative effects as well as solutions to reducing mental and physical stress from day-to-day neighborhood challenges.

Workshops - Friday, September 21 - Session III (2:20 p.m. - 3:45 p.m.)

- **SIII-1** Creating an Inclusive Meeting: Participants attending this workshop will gain practical skills to help them better facilitate group meetings by encouraging an open and inclusive environment!
- **SIII-2 True Colors:** This workshop will provide participants with the opportunity to learn their about their inner strengths, talents and values which in turn will provide a greater understanding of others.
- SIII-3 The Aging Population: Who, What, Why, Now What?: Participants will learn the emerging issues facing Virginia with the expanding aging population in our neighborhoods. Participants will discuss the potential impact on individuals, families, policy and politics of the need to maintain a dialogue on the resultant challenges and opportunities.
- **SIII-4 Find Out:** Participants will learn each stage of survey development and the how to properly use the data collected.

Workshops - Friday, September 21 - Session IV (3:55 p.m. - 5:15 p.m.)

- **SIV-1** Partnering with Habitat for Humanity to Help Revitalize Your Neighborhood: The Virginia Housing Development Authority (VHDA) will provide information on several collaborative approaches and unique programs that will help participants gain insight on how to partner with Habitat for Humanity-Virginia to help revitalize your neighborhood. Habitat for Humanity-Virginia will provide examples of neighborhood transformations.
- **SIV-2 "Growing Green" A Look at Grassroots Community Projects:** How do you start something from nothing? Participants will learn ways to encourage and inspire communities to help make needed changes in their neighborhoods.
- **SIV-3 Identifying and Addressing Gang-Influenced Behaviors:** Participants will be able to identify behavior of gang-influenced youth, learn how and why a gang develops, how gangs affect a community and how the community can respond to gang activities with solutions.
- **SIV-4 Do-It-Yourself Home Repair Blitz- The Power of Public-Private Partnerships:** Participants will learn how the City of Hampton was able to develop a partnership with habitat for Humanity and the Housing Authority to get volunteers into a neighborhood community to perform great accomplishments.